



Headteacher: Mrs Y Bishop NPQH
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"When children move on into the wider society and become a global citizen we want them to do this with the confidence, knowledge and understanding to clearly express themselves, have high aspirations and a belief in their own abilities and self worth."



20th September 2022

Dear Parents/Carers of Year 6,

At Castilion we use JIGSAW to support our teaching of PSHE. Please see below for the year's subject content.

We will be beginning with the 'Being Me' unit alongside participating in discussions and sharing ideas now that we are a Rights Respecting Schools.

We want our children to benefit from a full and diverse curriculum but understand that some of the topics covered are sensitive and you may have concerns. If you have any queries or questions please don't hesitate to ask. We are happy to discuss any areas and share resources with you prior to lessons so that you feel comfortable and prepared for any questions your children may have. Please note that any topics in red are non-statutory and you have the right to opt your child out of these lessons. Please speak to your child's teacher about this.

Whilst we understand that you may feel that some of the subject matter is sensitive we do have to teach it to meet curriculum and other requirements. Please, rest assured that we will teach the content with a professional and respectful manner and remain unbiased in our teaching.

Some of these statutory lessons may raise questions that would require teachers to then discuss non statutory subject matter. We want the children to feel comfortable to ask questions so in this instance all classes have a questions box where children can put questions for teachers to come back to at a later date. Teachers will answer any questions that do not require parental consent. Any questions that do require parents to be informed or give consent will be discussed with you first and children will be informed of this procedure.

Yours sincerely

Mr J Allen
PSHE Subject Lead

Mrs Yvonne Bishop
Principal



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PSHE content for Year 6

Being Me	Celebrating differences	Dreams and Goals	Healthy Me	Relationships	Changing Me
<p>Identifying goals for the year</p> <p>Design and agree on class charter to follow.</p> <p>Worries about the year ahead.</p> <p>Hopes for the future.</p> <p>Global citizenship</p> <p>Comparing our schooling to that of those in Ghana.</p> <p>Children's universal rights</p> <p>Maslow's hierarchy of need.</p> <p>Feeling welcome and valued in class. Choices, consequences and rewards</p> <p>Referring to class charter.</p> <p>Group dynamics</p> <p>Democracy, having a voice</p> <p>Anti-social behaviour</p> <p>Role-modelling</p>	<p>Perceptions of normality</p> <p>What is normal?</p> <p>Prejudice</p> <p>Discrimination</p> <p>Gay marriage</p> <p>Understanding disability</p> <p>Equality Act and its protected characteristics including:</p> <p>Gender reassignment; sex and sexual orientation.</p> <p>Power struggles</p> <p>Understanding bullying</p> <p>Power and control</p> <p>Inclusion/exclusion</p> <p>Equality Act revisit.</p> <p>Hidden disabilities</p> <p>Differences as conflict, difference as celebration</p> <p>Empathy</p> <p>Race</p> <p>Religion</p> <p>Gender</p> <p>Sexuality etc.</p>	<p>Personal learning goals, in and out of school</p> <p>Emotions in success</p> <p>Making a difference in the world</p> <p>Motivation</p> <p>Recognising achievements</p> <p>Compliments</p> <p>This will be linked to the upcoming transition to secondary school.</p>	<p>Taking personal responsibility</p> <p>How substances affect the body</p> <p>Exploitation, including 'county lines' and gang culture</p> <p>Emotional and mental health</p> <p>Managing stress</p>	<p>Mental health</p> <p>Identifying mental health worries and sources of support</p> <p>Love and loss</p> <p>Managing feelings</p> <p>Power and control</p> <p>Assertiveness</p> <p>Technology safety Taking responsibility of your own technology use</p>	<p>Self-image</p> <p>Comparing and criticising ourselves.</p> <p>Body image</p> <p>Puberty for girls</p> <p>Puberty for boys</p> <p>Having a baby</p> <p>Reflections about change</p> <p>Physical attraction</p> <p>Respect and consent</p> <p>Boyfriends/girlfriends</p> <p>'Trading nudes'</p> <p>Transition to Secondary School</p>