



Headteacher: Mrs Y Bishop NPQH  
Executive Lead: Mrs S Young NPQEL

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*"When children move on into the wider society and become a global citizen we want them to do this with the confidence, knowledge and understanding to clearly express themselves, have high aspirations and a belief in their own abilities and self worth."*



20<sup>th</sup> September 2022

Dear Parents/Carers of Year 3,

At Castilion we use JIGSAW to support our teaching of PSHE. Please see below for the years subject content. We want our children to benefit from a full and diverse curriculum but understand that some of the topics covered are sensitive and you may have concerns. If you have any queries or questions please don't hesitate to ask.

We are happy to discuss any areas and share resources with you prior to lessons so that you feel comfortable and prepared for any questions your children may have. Please note that any topics in red are non-statutory and you have the right to opt your child out of these lessons. We will be in touch nearer the time that these topics will be taught to discuss this further with you so you can make the best decision for yourself and your child.

Many of these topics are statutory and are covered not only in PSHE but also in Science. Whilst we understand that you may feel that some of the subject matter is sensitive we do have to teach it to meet curriculum and other requirements. Please, rest assured that we will teach the content with a professional and respectful manner and remain unbiased in our teaching.

Some of these statutory lessons may raise questions that would require teachers to then discuss non statutory subject matter. We want the children to feel comfortable to ask questions so In this instance all classes will have a questions box where children can put questions for teachers to come back to at a later date. Teachers will answer any questions that do not require parental consent. Any questions that do require parents to be informed or give consent will be discussed with you first and children will be informed of this procedure.

Yours sincerely

Mr J Allen  
PSHE Subject Lead

Mrs Yvonne Bishop  
Principal



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Year Group: 3

Autumn 1 - Being Me	<p>Setting personal goals Self-identity and worth Positivity in challenges Rules, rights and responsibilities Rewards and consequences Responsible choices Seeing things from others' perspectives</p>
Autumn 2 – Celebrating Differences	<p>Families and their differences Family conflict and how to manage it (child-centred) - Witnessing bullying and how to solve it Recognising how words can be hurtful <a href="#">Problem solving bullying situations</a> Giving and receiving compliments <a href="#">Conflicts</a> <a href="#">Compliments</a></p>
Spring 1 – Dreams and Goals	<p>Difficult challenges and achieving success Dreams and ambitions New challenges Motivation and enthusiasm Recognising and trying to overcome obstacles <a href="#">Use 'Solve it together' technique</a> Evaluating learning processes Managing feelings Simple budgeting</p>
Spring 2 – Healthy Me	<p>Exercise Fitness challenges Food labelling and healthy swaps Attitudes towards drugs Keeping safe and why it's important online and offline scenarios Respect for myself and others Healthy and safe choices</p>
Summer 1 - Relationships	<p>Family roles and responsibilities <a href="#">Stereotypes</a> Friendship and negotiation <a href="#">Conflict and resolution</a> Keeping safe online and who to go to for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family and friends <a href="#">Relationships with different people</a></p>
Summer 2 – Changing me	<p>How babies grow Babies <a href="#">Understanding a baby's needs</a> Family stereotypes <a href="#">Challenging stereotypes</a> Increasing independence (recap from year 2 - introducing the topic of bodies beginning to change without teaching puberty. The lesson will include gathering children's current knowledge but not extending further). Looking ahead <a href="#">Preparing for transition - feeling anxious, excited, nervous</a> Mental health and wellbeing</p>