



DID YOU KNOW?



We use red tractor or farm assured meat in our schools.



We use MSC Certified Fish to encourage sustainable fishing practices

Our seasonal fresh vegetables are sourced from local farms wherever possible and we also use fair trade products

DIETARY AND ALLERGEN ADVICE

If your child requires a special diet for medical reasons please contact

SPECIALDIETS@EDWARDSANDWARD.CO.UK

Please note menus subject to change due to unforeseen circumstances



DATE *Spring Summer 2022*

PAY *You!*

SUM OF *Four Hundred and Thirty Seven Pounds*



£437.00



ALL PUPILS IN RECEPTION UP TO YEAR 2 ARE ENTITLED TO A FREE, NUTRITIOUS SCHOOL MEAL AT LUNCHTIME! Everyone gets Universal Infant

Free School Meals automatically and will benefit by **£437** a year per child.

If your child is in year 3 or above, find out if they could also qualify for a free school meal by contacting the school office.

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Smile
food that makes you happy



YELLOW MENU

SPRING / SUMMER 2022

MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

18/04/22, 09/05/22, 30/05/22, 20/06/22,
11/07/22, 29/08/22, 19/09/22, 10/10/22

Swedish Meatballs with Mash & Creamy Gravy
or
Quorn Swedish Meatballs with Mash & Creamy Gravy (V)
or
Jacket Potato with Choice of Filling
Sweetcorn, Shredded Carrots
Choice of Fresh Fruit or Yoghurt (V)

Mild & Sweet Chicken Curry with Steamed Rice (WG)
or
Mac & Cheese (V)
or
Jacket Potato with Choice of Filling
Cauliflower, Green Beans
Jammy Dodger Flapjack (Ve) (WG)

Roast of the Day with Roast Potatoes & Gravy
or
Quorn Fillet with Roast Potatoes & Gravy (V)
or
Jacket Potato with Choice of Filling
Sliced Carrots, Garden Peas
Strawberry Jelly & Peas (Ve)

Pasta with Bolognese Sauce (WG)
or
French Bread Margherita Pizza (V)
or
Jacket Potato with Choice of Filling
Cucumber Sticks, Tomato Wedges
Apple Crumble (Ve) with Custard (V)

MSC Fish Fingers or Salmon Fish Fingers
with Chips & Tomato Sauce
or
Quorn Fishless Fingers with Chips & Tomato Sauce (Ve)
or
Jacket Potato with Choice of Filling
Baked Beans, Garden Peas
Chocolate Shortbread (Ve)

V – Vegetarian Ve – Vegan WG – Wholegrains

FRESH
HEALTHY
TASTY

WEEK 2

25/04/22, 16/05/22, 06/06/22, 27/06/22,
18/07/22, 05/09/22, 26/09/22, 17/10/22

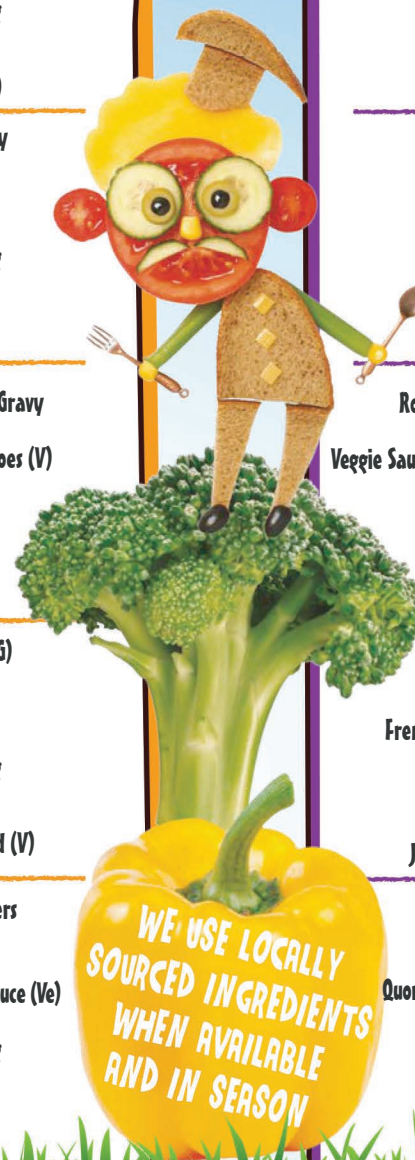
Choice of Pork or Chicken Sausages with Mash & Gravy
or
Veggie Sausage with Mash & Gravy (Ve)
or
Jacket Potato with Choice of Filling
Garden Peas, Carrot Batons
Choice of Fresh Fruit or Yoghurt (V)

Rainbow Vegetable & Chicken Stir-Fry
or
Raviolini with Tomato Sauce (Ve)
or
Jacket Potato with Choice of Filling
Sweetcorn & Peppers, Garden Peas
St Clement's Shortbread (Ve)

Roast of the Day with Roast Potatoes & Gravy
or
Tomato & Cheddar Plait with Roast Potatoes (V)
or
Jacket Potato with Choice of Filling
Cauliflower, Sliced Carrot
Strawberry Jelly & Peaches (Ve)

Chicken & Sweetcorn Pasta Bake (WG)
or
Rainbow Vegetable Stir-Fry (Ve)
or
Jacket Potato with Choice of Filling
Broccoli Florets, Sweetcorn
Apple & Pear Crumble (Ve) with Custard (V)

MSC Fish Fingers or Salmon Fish Fingers
with Chips & Tomato Sauce
or
Quorn Fishless Fingers with Chips & Tomato Sauce (Ve)
or
Jacket Potato with Choice of Filling
Baked Beans, Garden Peas
Chocolate & Beetroot Brownie (V)

WE USE LOCALLY
SOURCED INGREDIENTS
WHEN AVAILABLE
AND IN SEASON

WEEK 3

02/05/22, 23/05/22, 13/06/22, 04/07/22,
25/07/22, 12/09/22, 03/10/22, 24/10/22

Chicken & Sweetcorn Pie Topped with Cheesy Mash
or
Shepherdess Pie (Ve)
or
Jacket Potato with Choice of Filling
Garden Peas, Sweetcorn
Choice of Fresh Fruit or Yoghurt (V)

Texan One Pot Beef Chilli (WG)
or
Cauli Mac & Cheese (V)
or
Jacket Potato with Choice of Filling
Super Greens
Apricot Flapjack (Ve)

Roast of the Day with Roast Potatoes & Gravy
or
Veggie Sausage Toad in the Hole with Roast Potatoes & Gravy (V)
or
Jacket Potato with Choice of Filling
Garden Peas, Sliced Carrots
Strawberry Jelly & Fruit Cocktail (Ve)

Arabiatta Chicken Meatballs
with Pasta (WG)
or
French Bread Margherita Pizza with Coleslaw (V)
or
Jacket Potato with Choice of Filling
Cucumber Sticks, Tomato Wedges
Jumbleberry Crumble (Ve) with Custard (V)

MSC Fish Fingers or Salmon Fish Fingers
with Chips & Tomato Sauce
or
Quorn Fishless Fingers with Chips & Tomato Sauce (Ve)
or
Jacket Potato with Choice of Filling
Baked Beans, Garden Peas
Chocolate Oaty Square (Ve) (WG)



Smile food that makes you happy

(V) Suitable for Vegetarians

SERVED DAILY – FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.