





# Cycle B PE Whole School Spring 2

Spring 2	EYFS	Y1/2	Y3/4	Y5/6
Area of learning		Ball Skills: Rackets, Bats & Balls	Striking & Fielding: Cricket	Invasion: Hockey
				
Skill outcomes	This is a progression of goals for gymnastics, starting with moving in high and low ways and exploring shapes, then moving on to using apparatus safely and exploring movements and shapes in high, low, over, and under ways. The ultimate goal is to develop and apply gymnastics skills in various ways on the apparatus.	In Week 1, students focus on extending their ability to hit the ball with accuracy using a racket. Week 2 combines hitting the ball with both accuracy and power. In Week 3, students work on hitting the ball with accuracy and power to beat an opponent. Week 4 introduces the concept of hitting the ball into space, focusing on where and why. Week 5 teaches striking the ball with intent using a bat. Finally, in Week 6, students strike the ball with a bat into space.	In Week 1, students develop an understanding of batting and fielding. Week 2 introduces bowling underarm. In Week 3, students focus on developing stopping and returning the ball. Week 4 teaches retrieving and returning the ball. Week 5 helps students strike the ball at different angles and speeds. Finally, in Week 6, students consolidate the sequence of learning.	In Week 1, students recap and refine dribbling and passing to create attacking opportunities. Week 2 focuses on developing defending skills like blocking and tackling. In Week 3, students refine their shooting skills. Week 4 refines attacking skills such as passing, dribbling, and shooting, while introducing officiating. Week 5 refines defending skills and develops the transition from defence to attack. Finally, in Week 6, students play in a tournament.