




# Cycle B PE Whole School Autumn 2 Indoor

Autumn 2	Y1/2	Y3/4	Y5/6
Area of learning	Dance: Explorers	Dance: Cats	Dance: Street Art
			
Skill outcomes	<p>Week 1: We will learn to use a variety of controlled movements to express our character.</p> <p>Week 2: We will develop our character work by adding movements.</p> <p>Week 3: We will explore different movements as characters, like an explorer and a jungle animal, while working with a partner.</p> <p>Week 4: We will extend our sequences, bringing our characters to life as we act out the explorer and jungle animal.</p> <p>Week 5: We will consolidate our learning by performing a sequence that includes all the movements we've practiced, with added extensions.</p>	<p>Week 1: We will start by exploring movement through improvisation, focusing on unison and matching with our classmates.</p> <p>Week 2: We will learn to performing as two contrasting characters to create interesting dynamics.</p> <p>Week 3: We will build on our character work from the previous lessons.</p> <p>Week 4: We will extend our dance skills by using more complex movements and actions, incorporating apparatus to enhance our performance.</p> <p>Week 5: We will bring together all the choreography we've created in previous lessons,</p> <p>Week 6: Finally, we will experience dancing like a 'cat' in a fun group performance.</p>	<p>Week 1: We will start by creating movements inspired by Street Artists' 'Tags,' exploring how to express their art through our bodies.</p> <p>Week 2: We will develop movement sequences that incorporate emotion, music, and the energy of street art as our inspiration.</p> <p>Week 3: We will focus on extending and refining our movement sequences, ensuring they flow smoothly and represent the essence of Street Art.</p> <p>Week 4: In small groups, we will collaborate to create a dance sequence that uses Street Art as our main stimulus, combining our ideas and styles.</p> <p>Week 5: We will explore Breakdance from the 1970s and 1980s.</p>