





# Cycle B PE Whole School Autumn 1

Autumn 1	EYFS	Y1/2	Y3/4	Y5/6
Area of learning	Locomotion: Walking	Locomotion: Dodging	Invasion: Netball	Invasion: Basketball
				
Skill outcomes	In Week 1, students explore walking. Week 2 focuses on walking efficiently. In Week 3, students explore walking in different pathways and with others. Week 4 involves sustained walking following a route and instructions. Week 5 applies walking skills to develop marching. Finally, in Week 6, students apply their understanding of walking in a game.	Students will learn how to dodge by practicing movements and using them in games. They will start by learning the basics, then apply dodging into team games. As they improve, they will use these skills in a competition to test how well they can dodge and work together.	The children will work on different skills as they progress. In week 1, players focus on passing and receiving the ball. Week 2 emphasises improving passing and creating space, while week 3 adds moving and shooting. In week 4, players refine both passing and shooting. In week 5 children will begin to apply all these skills in a tournament.	In basketball, players start by refining dribbling and passing in Week 1. In Week 2, they learn about defending and marking, while Week 3 focuses on improving shooting. By Week 4, players refine their attacking skills, and in Week 5, they work on improving their defending. Week 6 brings everything together in a tournament.