Cycle A PSHE/RHE Whole School Summer 2

Topic	EYFS	Y1/2	Y3/4	Y5/6 10-11
Summer 2 Changing Me				GROWING UP
Puzzle Outcomes	Focus include Life cycles – animal and human, changes in me, changes since being a baby, differences between female and male bodies, linking growing and learning and coping with change Transition	Body changes through growth stages. Understanding and respecting important changes, family stereotypes and roles, feeling confident in ourselves and others.	Learning about growth from baby to adulthood, understanding a baby's needs and how these are met and preparing for transition	Importance of having a positive self-image, body image, puberty and feelings, reflections about change, respecting and managing changes and transition to new learning phase.