




# Cycle B PSHE/RHE Whole School Spring 1

Topic	EYFS	Y1/2	Y3/4	Y5/6
Spring 1 Dreams and Goals				
Puzzle Outcomes	Build confidence, manage challenges, and work well with others. They learn to set goals, ask for help, and keep trying.	Set goals, work with others, overcome challenges, and celebrate successes.	Set goals, work together, and keep trying, even when things are hard, learning to stay positive and proud of their progress	Explore their dreams, learn about careers, money, and helping others, while staying motivated to reach their goals