




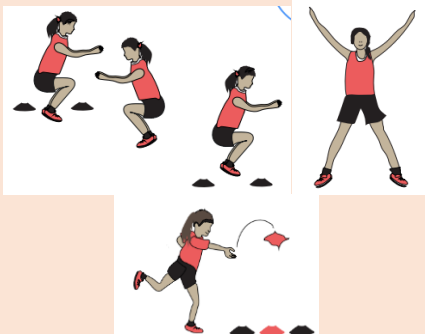




Cycle A PE Whole School Summer 1

| Summer 1 Outdoor | YR | Y1/2 | Y3/4 | Y5/6 |
|---------------------|--|--|---|--|
| Area of learning | Sports day preparation | Sports day preparation Locomotion: Running | Sports day preparation Athletics | Sports day preparation Athletics |
| |  |  |  |  |
| Skill outcomes | To be able to understand the activities and relays linked to Sports Day. To practise the carousel activities learning how to accurately jump, throw and run. | The unit of work will develop pupils' ability to run using different parts of their bodies. Pupils will also begin to examine how to jump as far as possible and compare throwing accurately with throwing for distance. | The unit of work will explore how we can use our bodies to run as fast as possible, exploring the correct technique individually and within teams. Pupils will also begin to examine how to jump as far as possible and compare throwing accurately with throwing for distance. | The unit of work will challenge pupils to apply their knowledge, understanding and skills into a series of competitions. Pupils will experience competition across all of the different areas of athletics that they have explored. Pupils will have to work hard individually to apply the correct technique as well as collaborating in teams. |

| Summer 1 Indoor | YR | Y1/2 | Y3/4 | Y5/6 |
|---------------------|---|---|---|---|
| Area of learning | Dance: Ourselves | Health & Wellbeing | OAA: Problem Solving | OAA: Orienteering |
| |  |  |  |  |
| Skill outcomes | The unit of work will enable pupils to explore creating simple movement sequences. Pupils will respond to words and music using their bodies and props. Pupils will explore movements such as creeping, tiptoeing and hiding as they try becoming different characters. | The unit of work will introduce pupils to agility, balance and co-ordination, understanding what they mean and why they are important. Pupils will perform circuits to develop their application and understanding. | The unit of work will explore what makes an effective team through different problem-solving challenges. Throughout the unit, there will be a focus on pupils developing skills essential to working within a team. | The unit of work will refine pupils' ability to orientate a map, locate points in a set order. They must follow the route they have been given to reach as many points as possible in an allocated time. Pupils will refine their ability to collaborate with others and work as a team to complete the challenges. |