



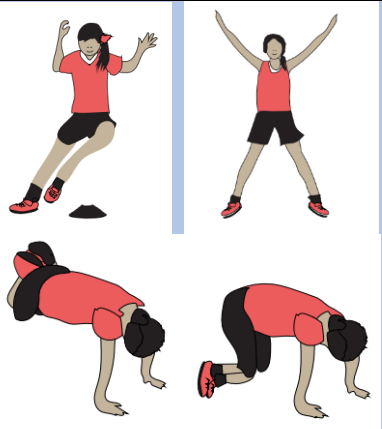





Cycle A PE Whole School Spring 2

Spring 2 Outdoor	YR	Y1/2	Y3/4	Y5/6
Area of learning	Ball skills: Hands 2	Ball Skills: Rackets, Bats & Balls	Striking & Fielding: Cricket	Invasion: Hockey
				
Skill outcomes	The unit of work will explore the different ways of throwing, rolling and stopping a ball. Pupils will start to learn why we need to aim when we are throwing and understand how to be ready to catch too.	The focus of the learning is for pupils to develop their ability to keep a ball controlled using a racket. Pupils will also explore and develop their hitting (pushing) skills using a ball and a racket accurately. Pupils will apply their understanding of accuracy and space in a variety of games.	The unit of work will explore how to apply the principles of attack vs defence in a cricket context. Pupils will learn how to utilise fielding skills to keep the batter's score as low as possible. Pupils will also explore batting skills to outwit the fielders and score as many runs (points) as possible.	Pupils will learn to consistently apply effective attacking skills, applying decision making in order to keep possession and score. Pupils will in turn apply pressure when defending to regain possession effectively.

Spring 2 Indoor	YR	Y1/2	Y3/4	Y5/6
Area of learning	Health and Wellbeing	Dance: Heroes	Inclusive games: Boccia	Inclusive games: Boccia
				
Skill outcomes	<p>The unit of work will introduce pupils to the concept of movement and exercise, understanding why our heart beats faster and our breathing gets quicker when we exercise. Pupils will be introduced to the purpose of a warm up and will start to appreciate that exercise makes us feel happier and better about ourselves.</p>	<p>The unit of work will challenge pupils to respond to the stimulus (heroes) using a range of different, controlled movements showing character expression. Pupils will learn how to co-ordinate and control their bodies to perform movements, creating a sequence.</p>	<p>The focus of learning is to explore, develop and consolidate how to send the ball, whilst applying a developing understanding of why we need to be accurate when sending the ball. Pupils will work individually and then as part of a team to apply their learning.</p>	<p>The focus of learning is to explore and develop different ways of using tactical thinking in Boccia. Pupils will be able to create attacking and defensive tactics and apply these in their games. Pupils will be able to officiate their games fairly applying the rules throughout.</p>