





# Cycle B PSHE/RHE Whole School Summer 2

Topic	EYFS	Y1/2	Y3/4	Y5/6
Summer 2 Changing Me				
Puzzle Outcomes	<p>Respecting our bodies and understanding growth helps us take care of ourselves. Growing up is fun, and it's okay to have fears as we celebrate new changes.</p>	<p>Body changes through growth stages. Understanding and respecting important changes and feel confident in ourselves and others.</p>	<p>Understand their uniqueness, manage emotions, take on responsibilities, adapt to change, stay safe, and express themselves confidently in various situations.</p>	<p>Learn to embrace their uniqueness, handle changes, take responsibility, stay safe in the sun, manage emotions, and understand the importance of safety in different situations.</p>